



# California Workforce Connection

EDUCATION ★ INNOVATION ★ OPPORTUNITY

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**Light Enjoyable Lunch**  
**By: James Thomas**



We can now enjoy a cheeseburger on September 18<sup>th</sup> as the National Cheeseburger Day. Mr. Lionel Sternberger is credited with creating the first cheeseburger at the age of 16. He created it in 1926 when working at his dad's sandwich shop named the Rite Spot in Pasadena California. He was cooking on the griddle and decided to try adding a piece of American cheese on the hamburger. The cheeseburger that we enjoy today was born.

Editor: James Thomas  
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