

# Orange Peal News JAN - MAR 2025



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# Orange Empire Chapter Awards Dinner

Friday, February 21, 2025



Embassy Suites 3100 E. Frontera St. Anaheim, CA 92806 657-439-0060

5:30 - 6:00 P.M. Networking & welcome

6:00 -7:30 P.M. Buffet Dinner

7:00 - 8:00 P.M. Presentation of Awards

8:00 - 8:15 P.M. Closing Remarks

Email registration to <a href="mailto:nanetteybowman@gmail.com">nanetteybowman@gmail.com</a>
Payments accepted via Zelle to 714-269-0612 or
By check payable to CWC Orange Empire Chapter and sent to
Nanette Bowman, 2006 Port Albans Circle, Newport Beach, CA 92660
Questions call or text Nanette Bowman at 714-269-0612

Comp Orange Empire Chapter Member \$30.00 Other Chapter Member \$60.00 Non-Member

RESERVATION IS REQUIRED - CUTOFF DATE Friday, February 7, 2025

# Congratulations to all nominees

UI 017 **WSB** UI 019

Tiffany Beihl Carolyn Alcivar-Alonzo **Thomas Canal** Claudia Calderon Jessica Castaneda Jonathan Celio Vincent Chang Glenda Centeno Cynthia Chapman Shannon Crucil Sandra Chavez **Enrique Duenas** Cvnthia DeLosSantos Vanessa Ho Denise Espinoza Phoebus Hon Jessica Gallardo Winna Hui Sandra Garcia

Parul Patel Pam Golchinzadeh Kathy Tran Michelle Granger Christi Trinh Jennifer Ho Jill Wilson Chi Kha Felicia Wong Krystal Leal

Michelle Loayza-Alcala DI FOD

Juan Martinez Betty Orozco Alexis Salazar Karina Sierra Jonathan Toek Quynh Vo

Jacquelyn West

Ngocchau Cagle Maria Crespo Trinh Do Faviola Hernandez Joleen Le Tommy Le Courtney Newsom Huy Pham Milena Recinos **Gurieet Rehal** Chhaya Samtani Lesley Sediva Andrew Tsai **Glory Turcios** Minhtriet Vu Michelle Zalazar Jenny Wang

Mayte EscobarKelley

Mateo Manegdeg Yolanda Perez Prutha Suthar Rosa Tsui

Claudia Vasquez

DI 222

Ryan Almeida Glenn Fletcher Cashmere Haywood

Laura Garay Leann Graesslev Grisela Padilla Chelsea Ponce Berenice Wright Leticia Zarco

# Save the Date

CWC EDUCATIONAL CONFERENCE on Friday, May 2, 2025 EDD Director Nancy Farias attending Master of Ceremonies WSB Deputy Division Chief Ken Gomez Ontario Airport Hotel, 700 N. Haven Ave., Ontario, CA 91764

Orange Empire will pay the conference registration fee for Orange Empire members who make a reservation with Nanette Bowman, Secretary, by March 1, 2025

# Orange Empire Calendar 2025

January	February	March	
Quarterly treasurer & activity reports due	10 Local Board Meeting	10 Local Board Meeting	
Holiday     Local Board Meeting	17 Holiday	15 Cal-Liope Articles due	
15 Cal-Liope Articles due	21 Awards Dinner	31 Holiday	
16 OE Award nominations due			
20 Holiday	22 State Board Meeting		
20 Orange Peal Articles due			
April	May	June	
Quarterly treasurer & activity reports due  14 Local Board Meeting and officer election  20 Orange Peal Articles due	<ul><li>1 State Board Mtg 9 a.m.</li><li>2 State Conference</li><li>11 Mother's Day</li><li>12 Local Board Meeting</li><li>15 Cal-Liope Articles due</li><li>26 Holiday</li></ul>	9 Local Board Meeting and officer installation 15 Father's Day	

# Orange Empire Chapter

# EXECUTIVE BOARD ZOOM MEETINGS

Monday, February 10 & March 10, 2025 6:00 p.m. to 7:00 p.m.

**ALL MEMBERS WELCOME** 

**REQUEST ZOOM LOG IN FROM** 

NANETTE BOWMAN, SECRETARY

714-269-0612

cwcsecretary2023@gmail.com

# Orange Empire Membership Recruitment Contest

\$50 for recruiting 3 new members\*
ENDS MAY 1, 2025

\*Only Orange Empire members are eligible to win \*New member must join Orange Empire Chapter

\*Transfers do not count



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# Inventing Your Life by Rob Claudio

### "The Essence of Resilience"

In writing this column, I am doing so while I am still hearing updates on the news about the devastating fires that have caused catastrophic damage and loss to the Los Angeles area. I have watched countless images, videos and other testimonials on television and via social media about the impact of all of this to so many people and their families. It is scary to think that in my own neighborhood I was under fire evacuation orders many years ago due to wildfires that caused much destruction where I live as well. I have vivid memories of not sleeping that entire night as I sat watching the news on television, with packed photo albums, insurance paperwork, some clothes and food along with a couple of toys for my Siamese cat Diego. Thankfully, we were lucky to have survived without any damage to us. However, driving up from my house over the next several days was very somber when I saw first-hand how many homes were randomly destroyed. I also saw Sam Champion reporting for ABC news from New York on a corner in the neighborhood and it all felt very surreal. Hence, I feel the weight of the ongoing losses every time I get an update. As all of this plays in my mind, I saw a guote from the actor Keanu Reeves who was speaking on what resilience meant to him. Part of his quote stated, "Don't define yourself by what you lost, but by what you do with what's left". This made me think even longer about the many individuals who have had to contend with the aftermath of a catastrophe and how they managed to get up the next day and put one foot in front of the other, as they began their long road to recovery. The scars of those experiences also remain with us for what can be a lifetime; however, how we use what we learned from it becomes part of our life's lesson that we can one day share with someone else. Moving forward is never easy for anybody; however, it is one of the few alternatives that we have left after processing what just transpired. One doesn't have to think very hard when you look at what is occurring in the world when you hear of damaging consequences to others as a result of a life changing incident. What I look for in all of these stories are the kernels of hope that are sprinkled throughout a difficult story, which feature how others helped in a time of need. Those individuals that become the heroes of these occurrences are what continue to give us hope and remind us that good people do exist and lending a hand when there is a need can provide more transformative energy than the destruction caused by it. In our own families, I am sure that you can recall someone who was a vivid example of helping a neighbor, family member or friend. My grandmother was and still is one of my biggest inspirations, as I recall that although she didn't have much, she was so generous in many different ways. If you came to her house around any of the meal times, she always had enough food to offer someone and would insist on ensuring that they are something before leaving her house. She carried lots of change in her purse and if she ran into someone asking for money, she never hesitated to hand some of that out unconditionally. I firmly believe that many of us don't have to look too far in our own families to find great examples of this type of generous behavior. Hence, as we continue to process hardships around us, remember you get to have the last word in how you pick up the pieces afterwards. My hope is that all of you show the world what true resilience can look like in the next steps of recovering from a setback and that in the process you become the living example to our next generation who are looking at us. Thank you to the many first responders, firefighters, volunteers and all of the people that put themselves in the middle of harm's way to help someone in need. They are the living examples of heroes and sheroes that walk amongst us.

"The key to life is resilience...We will always be knocked down.

It's the getting up that counts."

-Dominique Browning

# The Power of Consistency Part 3 of 3 by Michael Kane

# The Role of Accountability

Consistency is often heralded as a cornerstone of success, and for good reason. Most definitely consistency can really be powerful. How come you ask? When we are consistent, we build habits that drive progress and cultivate resilience. However, maintaining consistency is not always easy, and this is where accountability comes into play. Accountability acts as a guiding force, ensuring that we stay on track with our goals. Whether it is through self-accountability or the support of others, having a system in place to monitor progress can be incredibly beneficial.

Self-accountability involves setting clear, realistic goals and regularly evaluating our progress towards them. This might include maintaining a journal – physical or electronic, setting reminders, or creating a structured routine. On the other hand, external accountability can take the form of a mentor, coach, or accountability partner who provides encouragement and constructive feedback. This external support not only helps keep us focused but also provides a different perspective on our journey.

### Consistency in Different Areas of Life

Consistency is a valuable trait that can positively impact various aspects of our lives, including personal growth, professional development, and relationships. In personal growth, consistency in habits such as exercise, meditation, or reading can lead to significant improvements over time. These small, consistent actions accumulate, resulting in profound changes in our overall well-being and mindset.

In the professional realm, consistency is equally crucial. It involves showing up, putting in the effort, and maintaining a high standard of work. This dedication can lead to career advancements, the development of expertise, and the establishment of a strong professional reputation. Consistency in communication, meeting deadlines, and continually seeking improvement can set us apart in a competitive job market.

Relationships also thrive on consistency. Consistent communication, support, and understanding are the pillars of strong, healthy relationships. By consistently showing up for our loved ones, we build trust and deepen connections. This reliability fosters a sense of security and mutual respect, which are essential for long-lasting relationships.

### Embracing the Journey

While the destination is important, the journey toward achieving our goals is where true growth occurs. Embracing the journey means acknowledging that consistency is not about perfection but about progress as no one is perfect. There will be setbacks for sure and challenges most absolutely, but maintaining a consistent effort allows us to navigate these obstacles with resilience and determination. When not if you fall down, it is important to quickly get back up.

It is essential to celebrate small victories along the way and recognize the incremental progress we make. These celebrations reinforce our commitment to consistency and motivate us to keep moving forward. Additionally, being kind to ourselves during this journey is crucial. Self-compassion helps us to stay positive and focused, even when things do not go as planned.

In conclusion, the power of consistency cannot be overstated. It is the driving force behind personal growth, professional success, and meaningful relationships. By incorporating accountability, maintaining consistent habits in different areas of life, and embracing the journey, we can harness this power to transform our lives and achieve our goals. Through steady and persistent effort, we discover that consistency is not just an act but a way of being that shapes our destiny.

Please follow me at: Katalyst.beehiiv.com

Membership Application					
New Update Renewal Date:  Mail form (and payment) to: Nanette Bowman, 2006 Port Albans Circle, Newport Beach, CA 92660					
Name:					
	st Name:		MI		
Local Chapter: Orange Empire	reiepi	none Number:			
Home email:					
Address:					
Number and Street Address	City	<mark>State</mark>	Zip Code		
Employer:		City			
Job Title:	ARU:	Bargaining Unit:			
	(If applicable)		(If applicable)		
Type of Member & Association Annual Dues Amount    Partner/Non-State Employee: \$98.00					
I understand that the processing of this form/payment may organization does not issue refunds.	take 1-3 months and	I that the California Workf	orce Connection (CWC)		
Member Signature:		Date:			
Recruiter's Name: Nanette Bowman		Local Chapter:(	Orange Empire		